

DISCHARGE INFORMATION

DR RANA

Hysteroscopy & Endometrial Ablation

- You may experience some cramping type pain, similar to strong menstrual cramps, especially during the first 24-48 hours after your procedure.
- You may experience some discomfort when passing urine for the first day or two. If you are unable to pass urine & have associated discomfort please contact Dr Rana
- Simple analgesia eg: Panadol or Nurofen (NOT ASPIRIN) may be taken for pain relief.
- Some women experience a heavier discharge/bleeding 10- 14 days after the procedure.
- Vaginal blood loss/discharge may continue for up to 6 weeks following your procedure. This is normal and is part of the healing process.
- Until the discharge settles, following the procedure, do not have a bath, go swimming or have intercourse. Use of clean sanitary pads and **NOT** tampons is advisable. This is to reduce the risk of infection.
- Practice regular hand hygiene.
- If you think you may have a wound infection within 30 days of your surgery, symptoms include but are not limited to feeling hot to touch, swollen, temperatures, wound ooze or smelly discharge, please contact your surgeon's rooms.

If you have any other concerns following surgery, please contact:

DR RANA – Telephone: (07) 49423588
Mater Hospital After Hours Service: (07) 49655444

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We would love to hear any feedback you may have by completing our patient satisfaction survey.
An email will be sent to you with a link to complete this survey on our website.
Or you can access it by typing <https://www.msdh.com.au/contact/feedback> into the address bar.