

Your Pregnancy Calendar

9-10 weeks	<ul style="list-style-type: none">• You will meet our midwife who will take a detailed history from you and discuss antenatal screening.• She will provide you with all the required pathology and ultrasound referrals.
10+ weeks	<ul style="list-style-type: none">• NIPT (Non-invasive prenatal test) can be performed. This test is optional and discussed at your first midwife visit.
12-13 ⁶ weeks	<ul style="list-style-type: none">• Nuchal translucency /Structuralultrasound is completed by external radiology practice
14 weeks	<ul style="list-style-type: none">• Meet Dr Rana who will discuss your test results. Based on your medical history and personal wishes, an individualised pregnancy and delivery plan will be established.
18 weeks	<ul style="list-style-type: none">• Visit with the midwife
20 weeks	<ul style="list-style-type: none">• Morphology ultrasound is completed by external radiology practice
Sleep on your side after 20 weeks	
20-32 weeks	<ul style="list-style-type: none">• Whooping cough vaccine with your GP• Flu vaccine can be completed anytime with your GP
21 weeks	<ul style="list-style-type: none">• Visit with Dr Rana and Morphology Ultrasound results will be discussed• Book your antenatal classes with reception (best completed around 30-34 weeks)
By 21 weeks you should be feeling baby's movements. If you experience a change in your baby's movements during pregnancy, please contact us or St Gerards.	
25-26 weeks	<ul style="list-style-type: none">• Blood tests which includes your Glucose Tolerance Test
26 weeks	<ul style="list-style-type: none">• Visit with the midwife and blood results will be discussed• Anti-D injection (if you are a negative blood group)
30 weeks	<ul style="list-style-type: none">• Visit with Dr Rana for your baby's growth scan
32 weeks	<ul style="list-style-type: none">• Visit with the midwife• Second Anti-D injection (if you are a negative blood group)
34 weeks	<ul style="list-style-type: none">• Visit with Dr Rana
36 weeks	<ul style="list-style-type: none">• A long appointment with the midwife to discuss your birth preferences.• Group B Streptococcus vaginal swab will be collected (if you are planning a vaginal birth)
37 weeks	<ul style="list-style-type: none">• Visit with Dr Rana• A growth scan will be performed if required
38 weeks	<ul style="list-style-type: none">• Visit with the midwife
39 weeks	<ul style="list-style-type: none">• Visit with Dr Rana to plan delivery time
40 weeks	<ul style="list-style-type: none">• Visit with the midwife/Dr Rana
6 weeks postpartum	<ul style="list-style-type: none">• Meet with Dr Rana for a postnatal check (this may include your cervical screening test if it is due)