

DISCHARGE INFORMATION

DR RANA

LAPAROSCOPY

- You may experience some pain at the site of the incisions. A stitch is used to close each of the small incisions. These stitches are self-dissolving and do not need to be removed.
- Simple analgesia eg: Panadol or Nurofen can be taken for pain relief. It may be best to take something before the pain becomes too severe.
- If you are someone who gets constipated, please use regular Lactulose/ Movicol for 7 days after the procedure.
- You can shower normally with skin glue. Please wash hands with soap & water and peel off your glue on day 7.
- Dry the wound area by blotting with a clean towel, do not rub the wound.
- Ensure that your navel is clean and dry. DO NOT apply talc or lotions near wound.
- You may experience an ache in the shoulder area and sometimes under the rib cage caused by a small amount of gas used during the procedure irritating the diaphragm. This is normal and usually disappears within 24 - 48 hours.
- Light vaginal spotting is normal following surgery; it may even be blue/green colour due to dyes used. You may experience a sensation of swelling in the abdomen.
- If you think your wounds may be infected, (feels hot to touch, swollen, temperatures, wound ooze or gaping) please contact Dr Rana's rooms or your own GP.
- If you have any other concerns following your surgery, please contact:
DR RANA – Telephone Number: (07) 49656565
Mater Hospital After Hours Service: (07) 49655455